

## SOUTHLAKE YMCA WELLNESS SCREENINGS

### Wellness Panel 1

**Expanded Metabolic Panel**

(Includes iron, uric acid, GGT and more)

**Complete Cholesterol Panel**

**Complete Blood Count**

**Total: \$35**

### Wellness Panel 2

**Includes all components of Panel 1**

**Hemoglobin A1C**

(Average blood sugar levels for the past 3 months)

**Total: \$40**

**Monday, February 12<sup>th</sup>**  
**7:00am – 8:00am**

**Southlake YMCA**  
**1450 S Court St**  
**Crown Point, IN 46307**

### Additional Information

- You need to fast 10 hours prior to your screening appointment (be sure to drink plenty of water).
- You may continue taking any prescription or over-the-counter medication with water only.
- We recommend wearing a short-sleeved shirt.
- Payment for all screenings is due at time of service. **Acceptable forms of payment include cash or check only. Make checks payable to Franciscan WorkingWell.**
- Your confidential lab results will be mailed to your home within 2 weeks of testing

### Optional Lab Testing

<b>Blood Type</b> .....	<b>\$10</b>
<b>C-Reactive Protein (High-Sensitivity)</b> .....	<b>\$20</b>
<i>*included in Cardiac Profile</i>	
<b>Lipoprotein A</b> .....	<b>\$25</b>
<i>*included in Cardiac Profile</i>	
<b>PSA (Prostate Cancer)</b> .....	<b>\$20</b>
<b>TSH (Thyroid Stimulating Hormone)</b> .....	<b>\$20</b>
<i>*included in Thyroid Profile</i>	
<b>Vitamin B12</b> .....	<b>\$30</b>
<b>Vitamin D</b> .....	<b>\$25</b>

### Optional Packages

<b>Anemia Profile</b> .....	<b>\$20</b>
(Includes reticulocyte count and iron with TIBC)	
<b>Arthritis Profile</b> .....	<b>\$60</b>
(Includes ANA, rheumatoid arthritis and non-cardiac CRP)	
<b>Cardiac Profile</b> .....	<b>\$40</b>
(Includes high-sensitivity CRP and lipoprotein A)	
<b>Thyroid Profile</b> .....	<b>\$38</b>
(Includes TSH, T3 total, and T4 total)	

**Don't miss your  
opportunity to take  
advantage of this great  
service!**

**Franciscan WorkingWell**  
**Healthy U @ Work**

2590 Morthland Dr.  
Valparaiso, IN 46385  
P: 219-465-6460  
[www.workingwellsite.org](http://www.workingwellsite.org)

**Take time for a healthier U!**

